

Contact Information

HEALTHNET

Phone: 860.679.4055

Email: hnet@uchc.edu

Hours: Mon—Fri, 8:30 am to 5 pm

library.uchc.edu/departm/hnet/

Lyman Maynard Stowe Library

Phone: 860.679.3808

Hours: best time to visit:

Mon—Fri, 8:30 am to 4:30 pm

library.uchc.edu



UConn HEALTH



UConn Health
Lyman Maynard Stowe Library
263 Farmington Avenue
Farmington, CT 06032
860.679.3808
library.uchc.edu

HEALTHNET

Consumer Health Information for Connecticut Residents

A free service of the Lyman Maynard
Stowe Library



Providing Answers to Your
Personal Health Questions

Health questions have you puzzled?

Are you struggling to find answers to questions like these?

I need to find a specialist in glycogen storage diseases to treat my baby.

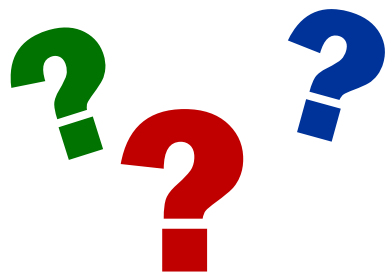
What dietary changes can I make to improve my cholesterol levels?

What can I expect after hip replacement surgery?

Are there any studies linking dioxin exposure to colon cancer?

How can I find a good assisted living facility for my father?

You can find answers to these and other health questions by using **HEALTHNET**.



HEALTHNET can help!

HEALTHNET is a **FREE** consumer health information service offered by UConn's Lyman Maynard Stowe Library. This service is available **only** to Connecticut residents.

How does **HEALTHNET** work?

You can call 860.679.4055, email **HEALTHNET** at hnet@uchc.edu, or receive a referral from your local public library.

HEALTHNET staff are experienced medical librarians. They will ask you a few questions to make sure they understand your information needs. They will research your question, summarize their findings, and mail you a customized packet of information. *Your personal information will be kept confidential.*

HEALTHNET is staffed Monday—Friday from 8:30 am to 5 pm. If you leave a voicemail message, we will return your call the next business day.

Rather do your own health research?

You can also research health questions yourself at the Lyman Maynard Stowe Library. The library is open to the public. Call or email the library to make an appointment with the **HEALTHNET** librarian who can guide you to the best resources on your topic.

Can't make it to the library?

Visit **HEALTHNET** on the web at: library.uchc.edu/departm/hnet/

The **HEALTHNET** website offers a number of subject guides to assist you with researching topics as varied as childhood illnesses, mental health, nutrition, and caring for older relatives. You will also find helpful research tips, and links to authoritative consumer health websites.

