



MEDICAL QUESTIONS?

Do you have a question about a personal health or medical concern? Several options are available to help you get the answers you need.

You can research a personal medical question at your local public library. Many public libraries in Connecticut have print information, computer databases, and access to the Internet to help you find the answers to your medical questions. **Ask a Reference Librarian for assistance with your research.** If you are unable to find the information you need, ask the librarian to contact Healthnet at the University of Connecticut Health Center Library. Healthnet is a program that helps public libraries provide health information to the public. Experienced medical information professionals will research a medical topic for you and provide you with a free customized packet of information based on your specific needs. Our resources include medical textbooks, medical journals, computer databases, and access to the Internet.

If for any reason you prefer not to use your local public library, you can call Healthnet directly at 860/679-4055. Healthnet staff is available from 8:00 a.m. to 4:30 p.m. Monday through Friday. You may leave a phone message during the evening and on weekends and someone will call you back during regular hours.

You may also use the resources of the Health Center Library to do your own research. The Library is open to the public 7 days a week. You may use our books, medical journals, computer databases, and Internet resources in the library and copy any information you need. If you plan to use our library, you may want to do so when a professional Information Services librarian is available to assist you. Assistance is available Monday through Friday, 8:30 a.m. to 4:30 p.m. (Wednesday, 9:30 a.m. to 4:30 p.m.) For directions and library hours, call 860/679-2839.

A few examples of the types of questions individuals may have are:

- What current treatments are recommended for rheumatoid arthritis?
- What are the long term effects of surgery for carpal tunnel syndrome?
- Does the herb St. John's wort really work for depression?
- My 6 month old son was just diagnosed with celiac disease. Do you have any information about this condition?
- My doctor prescribed Prilosec for heartburn. Are there any side effects?



Healthnet: Connecticut Consumer Health Information Network
Lyman Maynard Stowe Library * University of Connecticut Health Center
PO Box 4003 * Farmington CT 06034-4003
<http://library.uhc.edu/departm/hnet>